

The Thirteen Rudiments of the National Rudimental Drummers Association

No. 1*
The Long Roll

L L R R L L R R etc.

No. 2*
The Five Stroke Roll

L L R R L R R L L R L L R R L R R L L R etc.

No. 3*
The Seven Stroke Roll

L L R R L L R L L R R L L R L L R L L R etc.

No. 4*
The Flam

LR RL LR RL LR RL etc.

No. 5*
The Flam Accent

LR L R RL R L LR L R RL R L etc.

No. 6*
The Flam Paradiddle

LR L R R RL R L L LR L R R RL R L L etc.

No. 7*
The Flamacue

LR L RL LR LR L RL LR etc.

No. 8*
The Ruff

LLR RRL LLR RRL etc.

No. 9*
The Single Drag

LLR L RRL R LLR L etc.

No. 10*
The Double Drag

LLR LLR L RRL RRL R LLR LLR L etc.

No. 11*
The Double Paradiddle

L R L R L L R L R L R R L R L R L L etc.

No. 12*
The Single Ratamacue

LLR L R L RRL R L R LLR L R L RRL R L etc.

No. 13*
The Triple Ratamacue

LLR LLR LLR L R L RRL RRL RRL R L R etc.

* All Rudiments are to be played Open and Close.